

XII^ ROME 15K and ROME 5K

SUNDAY 08/11/2026 - 9:00 a.m.

The Forhans Team is organizing the XIII^ ROME 15K sporting event on November 08, 2026. The event consists of two competitive and non-competitive races: the XIII^ Rome 15k (over a distance of 15 km) and the Rome 5k (over a distance of 5 km).

The Rome 5k will also be valid for the assignment of the Fidal Lazio Regional Championship titles, Absolute and by category, of 5 km.

Both competitive distances are organized under the aegis of Fidal.

The "XIII^ Rome 15k" is over a distance of 15 km and will start at 9:00 am.

The "XIII^ Rome 5k" is over a distance of 5 km and will start at 9:10 am.

COMPETITIVE RACE RULES (15K and 5K)

1) PARTICIPATION REQUIREMENTS

Based on the provisions of the "Regulations for the Organization of Non-Stadium Events" issued by FIDAL, athletes registered in Italy can participate only if they are 16 years of age or older and have one of the following requirements:

- Athletes registered for 2026 for clubs affiliated with FIDAL

- Italian and foreign athletes with a Runcard (valid as sports insurance and permission to compete) and athletes registered with a Sports Promotion Body (Athletics Section), with a Runcard-EPS, limited to persons 20 years of age or older with a valid medical certificate of competitive fitness specifically for athletics, which must be mandatorily delivered, even digitally, to the organizing societies of each event.

- Italian/foreign athletes not registered in Italy with a membership card of clubs affiliated with Foreign Athletics Federations recognized by World Athletics. At the time of registration, they must alternatively present a self-certification of possession of the card recognized by World Athletics. The self-certification must then be signed in original at the time of bib collection.

If the registration is not signed by the President of the Society, who assumes full responsibility, the athlete must present a copy of the 2026 FIDAL renewal or 2026 Runcard, and a competitive medical certificate. If the registration takes place before the renewal of the membership, the athlete must still send a copy of the 2026 FIDAL renewal or a substitute declaration of membership, on the letterhead of his/her Company signed by the President, as soon as possible.

Unregistered foreign citizens who participate for tourist-sporting purposes may also participate without sending a medical certificate, by duly completing the [Liability Waiver Form](#) and sending it to rome15k@icron.it together with an identity document.

This non-competitive event for tourist/sporting purposes does not fall under the aegis of FIDAL, as the participants are not registered.

Foreign participants will be able to start in the grids set up for the competitive race based on the season staff on the race distance (or the nearest official distance) which they must indicate at the time of registration but will be identified with differentiated bibs, will not be included in the standings and will not be able to benefit from prizes in kind, cash, vouchers, bonuses, engagements, expense reimbursements of any kind.

The indicated time will be verified by the Organization and in case of false declaration or impossibility to verify the athlete will be started in the last grid (NON competitive race).

2) REGISTRATION

INDIVIDUAL

Individual athletes can register directly online on the website www.rome15k.com. The fees applied to the online registration service are not included in the fees indicated.

CLUBS

Clubs can register either using the online registration form or, alternatively, by sending an email to rome15k@icron.it to receive the excel form to be filled in with the athletes' data.

The deadline for registration is Friday, October 30, 2026. It will not be possible to register after this date and in any case on the day of the race.

At the time of registration, each athlete must indicate his/her personal best on the race distance (or the nearest official distance) and the event in which he/she has been registered. The organization will verify the declared personal bests.

Elite athletes are considered to be those athletes who have a time of less than "48' for Men and 1h 00' for Women".

3) REGISTRATION COMPLIANCE

At the time of registration, athletes must compulsorily indicate:

- Fidal membership number (or membership number of WA or IPC affiliated foreign federations)
- Fidal RunCard or EPS RunCard number
- Copy of the payment if made by **bank transfer to be made no later than October 30th**
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- Copy of the valid competitive medical certificate for Athletics

Athletes with an IRREGULAR or INCOMPLETE registration will be automatically excluded from the list of athletes registered for the race and will therefore not be able to take part in the event.

At the closing of registrations (from October 31st onwards) each athlete will be sent a "Confirmation Letter" which will be necessary to collect the race bib.

4) ENTRY FEES

The entry fee for the XIII^A Rome 15k competitive and non-competitive race is set at:

- € 27,00 until October 4th
- € 32,00 until October 24th
- € 38,00 until October 30th

Note: a promotional rate of € 20 will be applied to the first 500 registered participants when registration opens.

The entry fee for the XIII^A Rome 5k competitive and non-competitive race is set at:

- € 15,00 until October 4th
- € 18,00 until October 24th
- € 20,00 until October 30th
- €5.00 until October 30th for children under 16 years of age

Sports Clubs Promotion: every 10 athletes registered, 1 will be FREE

The above promotion is valid for athletes registered for the 15k or the 5k.

The promotion cannot be combined between the two race distances and with other promotions.

IMPORTANT: the fee to be paid is relative to the DATE of payment and not to the date of registration for the race.

5) REGISTRATION FEE REFUND

Entry fees will NOT be refunded under any circumstances. However, if an athlete is unable to participate, he/she may transfer his/her registration fee to another athlete or postpone it to the following year.

a) Transfer to another athlete

The new registrant must send an email to rome15k@icron.it by October 30th attaching a valid membership card.

b) Transfer to 2027

By October 30, 2026, it will be possible to transfer the registration to the following year by sending an email to rome15k@icron.it. In this case, it will not be possible to collect the race pack for the current year.

6) PAYMENT METHODS

The entry fee can be paid:

- By credit card following the online registration procedure;
- By bank transfer, with charges at the expense of the payer, to the Iban: IT88Z0542441520000001002757 made out to Tempogara srls

NOTE: payment by bank transfer is possible by November 1st at the latest.

7) BIB COLLECTION

Bibs can only be collected by the individual athlete registered for the race.

Friday, November 6th and Saturday, November 7th at the "Expò XIII^ Rome 15K" village set up at the Terme di Caracalla Stadium - Viale delle Terme di Caracalla - open from 12:00 to 18:00 on Friday, November 6th and from 10:00 to 18:00 on Saturday, November 7th.

To collect the race bibs, the following documents are required:

- Registration confirmation letter (sent to athletes at the end of registration, after October 30th)
- An identity document

Bibs cannot be collected on the day of the race.

If an athlete is unable to collect his/her bib personally, he/she may delegate someone to collect it on his/her behalf; the delegate must bring:

- Registration confirmation letter of the delegator (sent to athletes at the end of registration, after October 30th)
- Delegation of the athlete for whom the bib is to be collected, signed by the delegator and the delegate
- Photocopy of the delegator's identity document.

8) RACE GADGETS

Backpack

The technical backpack will be given to:

- the first 3,000 registrants for the 13th Rome 15k (competitive and non-competitive)
- the first 1,000 registrants for the 13th Rome 5k (competitive and non-competitive)

Medal

A participation medal is guaranteed for:

- the first 3,000 athletes to complete the 13th Rome 15k (competitive and non-competitive)
- the first 1,000 athletes to complete the 13th Rome 5k (competitive and non-competitive).

The medal will be awarded after the finish.

9) TIMING AND STANDINGS

The timing and data processing service will be managed by Icron (<https://www.icron.it/>).

The standings will be processed using the chip that each athlete will find attached to the back of the bib.

The chip is of the "disposable" type and does not have to be returned after the race.

Athletes who tamper with the chip will not be included in the standings.

The final race standings, in addition to Gun Time, will also be based on Real Time, considering the actual passage under the starting arch.

During the race it will be possible to follow the progress of the race in "live tracking" mode, i.e. by viewing the athletes' passes at the various checkpoints and at the finish, on a PC or mobile device at the address <https://www.icron.it/>.

The official standings, after validation by the Fidal GG, will be uploaded online to the Organization's website (www.rome15k.it) and to <https://www.icron.it/>.

10) GATHERING-START-FINISH

Gathering is scheduled from 7.00 am in Via delle Terme di Caracalla.

Starting grids will be set up in proportion to the number of race participants.

The detailed procedures for entering the grids and the starting procedures will be sent to each regularly registered participant in the 2 days preceding the race.

WARNING:

The following procedures are in application of the regulations in force on the date of drafting the regulations and are therefore subject to change in the event of adaptation or changes to the protocols imposed by the competent Authorities.

Each participant is required to check for updates as the date of the event approaches on the website www.rome15k.com.

The start of the XIII^a Rome 15k is scheduled for 9:00 am, followed by the XII^a Rome 15k non-competitive race.

The start of the XIII^a Rome 5k is scheduled for 9:15 am, followed by the XII^a Rome 5k Fun (non-competitive) race.

The finish of the XII^a Rome 15k and the XIII^a Rome 5k will always be near the start.

After the finish, athletes must proceed to the refreshment area and then exit the reserved area. LOITERING BEYOND THE FINISH LINE IS NOT PERMITTED.

The specific post-finish procedures will be indicated in the technical document sent to athletes in the days immediately preceding the race (after October 30th).

CLUB GAZEBO AREA:

The area reserved for clubs will be communicated later, as the event approaches.

11) PACER

The Pacer service will be provided by the Marathon Truppen group and will be available for the following time slots:

1h00'	4'00"/Km
1h03'45"	4'15"/Km
1h07'30"	4'30"/Km
1h11'15"	4'45"/Km
1h15'	5'00"/Km
1h20'	5'20"/Km
1h25'	5'40"/Km
1h30'	6'00"/Km
1h33'45"	6'15"/Km
1h36'15"	6'25"/Km
2h29'59"	End of the Race

12) REFRESHMENTS

Refreshment points for the 15K will be as indicated by the Aid Stations (5km - 10km).

At the finish, a "refreshment pack" containing drinks and/or food products will be given to facilitate the flow of athletes from the area.

13) BAG DROP

The bag drops for both the 15k and the 5k will be located in the reserved area for athletes and will be indicated by special signage.

Athletes who intend to use the service provided by the Organization must bring their own bag/sac (maximum dimensions 40x20x25 cm) to which an adhesive number corresponding to the bib will be attached, on the outside of the bag/sac.

At the end of the race, in order to collect their bags, athletes must necessarily show their bib number.

14) COURSE

Please note that, until the final approval of the competent Authorities, the course is subject to change and is therefore considered provisional.

It will be published shortly.

15) TIME LIMIT

The maximum race time is set at 2h 30' for the 15k and 1h 20' for the 5km competitive race. All athletes who pass after these times will be invited by the staff to stop or proceed independently and under their own responsibility outside the sporting event.

In this case, the Organization will not be able to guarantee the race services (traffic control, refreshments and medical assistance) and will therefore not be responsible for any situation that may arise.

16) AWARDS

The overall awards ceremony will take place on the podium from 11.00 am.

The category awards will take place from 11.00 am at the dedicated gazebos, located in the start/finish area where the winners must collect their prizes in person by showing their bib number.

Athletes who are unable to collect their prize in person may delegate someone to collect it, the delegate must still show the winner's bib number.

Prizes not collected will no longer be claimable from the following day.

a) INDIVIDUAL AWARDS

The following will be awarded:

XIII^ Rome 15k:

- the top 3 overall M/F with cash prizes (1st €300.00 - 2nd €150.00 - 3rd €100.00)
 - the top 3 athletes** in each M/F category with technical material and/or prizes in kind
- * NOTE: category prizes are not cumulative, therefore athletes who have already been awarded prizes in the overall classification will be excluded from the category awards.

XIII^ Rome 5k

- the top 3 overall M/F with technical material and/or prizes in kind
 - the top 3 athletes* in each M/F category with technical material and/or prizes in kind
- * NOTE: prizes are not cumulative, therefore athletes who have already been awarded prizes in the overall classification will be excluded from the category awards.

XIII^ Rome 5k – Regional Championship - Fidal Lazio

(reserved to all Fidal athletes, registered with clubs in the Lazio region):

- the top 3 overall M/F with trophy and jersey
- i the top 3 athletes in each M/F category with trophy and jersey

REFERENCE CATEGORIES

Juniors (JM/JF)	18-19 years old
Promesse (PM/PF)	20-22 years old
Seniors (SM/SF)	23 years old and over
SM/SF35	35-39 years old
SM/SF40	40-44 years old
SM/SF45	45-49 years old
SM/SF50	50-54 years old
SM/SF55	55-59 years old
SM/SF60	60-64 years old
SM/SF65	65-69 years old
SM/SF70	70-74 years old
SM/SF75-----	75-79 years old

****Prizes are not cumulative.****

b) CLUB AWARDS

The Rome 15K is part of the "GRAND SLAM RUNNING CITY OF ROME 2026" circuit.
GRAND SLAM RULES OF RUNNING CITY OF ROME 2026

18 January MIGUEL'S RUN
19 April ROME APPIA RUN
01 November RACE OF SAINTS
08 November ROME 15 K
13 December ROME URBS MUNDI
31 December WE RUN ROME

The ranking of the clubs in the Lazio region will be based on the number of participants at the six races. The participants who will take part in non-competitive tests related to the events are therefore excluded. The teams will be ranked if at least 10 athletes finish in each event.

The news of 2026:

- Award winning companies increased to 25
- Total prize pool of € 12,500.00

The prize money reserved for the Lazio clubs will be as follows:

1st place	€ 3,000.00
2nd place	€ 2,000.00
3rd place	€ 1,500.00
4th place	€ 1.000,00
5th rated	€ 750.00
6th rated	€ 650.00
7th rated	€ 500,00
8a rated	€ 400.00
9th rated	€ 300.00
10a rated	€ 250.00
11/15a rated	€ 200.00
16a/20a rated	€ 150.00
21a/25a rated	€ 100.00

Ranking of companies outside the Lazio region

The corporate ranking for clubs outside of the Lazio region will be based on the sum of the number of arrivals of five out of six competitive races. The participants who will take part in non-competitive tests related to the events are therefore excluded.

The teams will be ranked if at least 10 athletes finish in each of the 5 events.

1st place	€ 1,000.00
2nd rated	€ 750.00
3rd rated	€ 500.00
4th rated	€ 250.00

Prizes will be distributed in January 2027.

17) APPEALS

Any appeals must be submitted in writing to the Appeal Judge within 30 minutes of the publication of the results, accompanied by an appeal fee of €100.00, which will be refunded if the appeal is upheld.

For anything not covered by these regulations, please refer to the Technical Organizational Regulations approved by FIDAL.

18) CANCELLATION AND/OR POSTPONEMENT

In the event that the race is cancelled and/or postponed to another date, or otherwise not held for reasons or causes not attributable to and/or not referable to the will of the Organization, including the revocation of the authorization to hold the event by the competent Public Bodies, the registrant shall have no claim against Forhans Team, either for the refund of the amount paid for registration or for the reimbursement of any expenses incurred or to be incurred.

By submitting an entry form, the applicant agrees to this clause and expressly waives any claim arising from the cancellation and/or postponement of the race, whether for compensation for any damage suffered or suffered and/or for compensation and/or for any other compensatory and/or satisfactory claim for any pecuniary and non-pecuniary damage, suffered and suffering.

In the event of cancellation and/or postponement of the race, the entry made may be used for the new date established or may be used for the race that will take place the following year.

19) IMAGE RIGHTS

By registering for the "XIII^ Rome 15k", the athlete expressly authorizes the Organization to acquire the right, together with its media partners, to use the still or moving images on which it may appear, taken on the occasion of its participation in the "XIII^ Rome 15k", on all media, including promotional and/or advertising materials produced and distributed worldwide and for the maximum time allowed by law, regulations, treaties in force, including any extension that may be made to the period provided for.

20) DATA PROCESSING

INFORMATION FOR THE PROCESSING OF PERSONAL DATA (pursuant to EU Regulation no. 679/2016)
The data controller is Forhans Team SSD a RL with registered office in Latina, Via Emanuele Filiberto 139, for any form contact the following email address is available: info@forhansteam.it

The processing of personal data is carried out exclusively for the purposes of the sporting event "XIII^ Rome 15k". The data provided will be processed lawfully and fairly, as established by the European Regulation EU no. 679/2016 and Legislative Decree 196/2003 as amended by Legislative Decree 101/2018, on the protection of personal data.

The provision of personal data is mandatory for participation in the event and consent to the processing is expressed by requesting registration for the event. Any refusal will result in the impossibility of registration.

The processing of personal data is carried out by the Data Controller and by persons authorized by it. The data may be communicated to CONI, FIDAL, IAAF, EA, EMA, IOC, and other public bodies. The data may also be communicated to national and international sports justice bodies. Where necessary, the communication of the data provided may be made to third parties who provide collateral and instrumental services. For the right of chronicle and documentation of sports activities, the data may be published by the means that Forhans Team deems most appropriate. The dissemination of data will take place within the limits of the essentiality of the information (principle of essentiality) concerning facts of public interest.

The Data Controller will process the personal data provided for the duration of the event and subsequently for archiving for historical and statistical purposes. Personal data may be transferred to countries of the European Union and to third countries for the achievement of institutional purposes.

At any time, the rights enshrined in the regulations in force on Data Protection may be exercised, more specifically the right to access personal data, to correct or delete them, to limit the processing or to oppose the processing itself and the right to lodge a complaint with a supervisory authority.

21) PARTICIPANT'S RESPONSIBILITY

The registrant is responsible for the ownership and custody of his/her race bib, the display of which guarantees the right to use all the services mentioned in these regulations and subsequently communicated.

1. Anyone who, without regular registration, participates without a bib, in addition to being held responsible for damage to persons or property, including himself/herself, will incur sports sanctions under the jurisdiction of the federal bodies and may be liable to the criminal penalties provided for the crime of "theft" (art. 624 of the Italian Criminal Code).
2. Anyone who, without regular registration, participates with a counterfeit or otherwise non-compliant bib, or with someone else's bib, in addition to being responsible as indicated above, will incur sports sanctions and, moreover, may be liable to the criminal penalties provided for the crime of "theft" (art. 624 of the Italian Criminal Code), or, alternatively, for the crime of "fraud" (art. 640 of the Italian Criminal Code).

In cases 1) and 2) participants may be liable to the penalties provided for the crime of "failure to comply with the provisions of the Authorities" (art. 650 of the Italian Criminal Code). The aforementioned situations will be ascertained by means of photographic and/or video documentation.

It is forbidden to enter starting grids other than those assigned at the time of registration, as well as to throw shirts, capes, or any other object that could cause hindrance or the fall of athletes who pass by later, inside the starting grids and on the race course. In case of violation, the athlete will be held responsible for the damages caused, with consequent actions both in criminal and civil courts.

It is forbidden to "cut" the established course and/or take shortcuts and/or enter the race course from a point other than the starting line. Failure to respect this obligation will result in the athlete's disqualification, as well as their responsibility for any damages caused to third parties.